

First Taste Cafe

simple satisfying smart



du jour

Quiche

served with fruit 7.00

Soup

with bread cup 3.00 bowl 7.00

First Taste Ice Cream

two scoops of Olive Oil ice cream 5.00

salads

Seasonal First Taste (fall/winter)

with kale, dried cranberries, carrots,
apples & pepitas
FT blood orange EVOO & miso dressing
half 5.00 full 9.50
add chicken 3.50

Five Spice Duck

with boston bibb, watercress, pomegranate,
mango & fresh coriander
nutty citrus dressing half 7.50 full 15.00

Power

mixed greens, blueberries, soft boiled egg,
yellow pepper, sprouted lentils & walnuts
yogurt dressing half 6.00 full 10.50

Shredded Rainbow

cabbage, beets, carrots & pear with
fresh mint & parsley half 3.50 full 6.00
make it a wrap – whole wheat tortilla 1.50
add chicken 3.50

sandwiches

Squash & Balsamic-Onion Grilled Cheese

grown up grilled cheese with maple,
chili butternut squash, almonds,
balsamic onions & baby swiss
half 5.00 full 8.00
add bacon 3.50

Roast Beef

with herb salad, pickled grapes,
mustard & parmesan on wheat bread
side salad or cup of soup 13.00

First Taste Twisted Turkey

oven roasted turkey, red bell pepper
& mozzarella, with spicy pumpkin, peanut sauce
on grilled sesame bread
side salad or cup of soup 13.00

Pan Bagnat

with tuna, olive tapenade,
boiled eggs, red onion, cucumber,
roasted red pepper & brie on pressed
ciabatta - FTOO vinaigrette 11.00

alacarte

Side Salad

mixed greens with house vinaigrette
or choice of oil & vinegar 4.00

Half Sandwiches

roast beef or twisted turkey 7.00

sweets

Tahini Brownies

Herbs de Provence FT EVOO Tahini
with FT balsamic macerated fruit
paleo friendly 4.00

Honey Lemon Pots de Crème

French style custard
gluten free, paleo friendly 5.00

Nutella Cups

a mini cookie cup filled
with Nutella 1.50

First Taste Ice Cream

two scoops of Olive Oil ice cream
made weekly, ask for current selection
5.00

drinks

Tazo Tea

Serving an assortment of
hot & iced green tea 2.00

Hours M-F 11:00-2:00 PM

Dine In, Carry Out*, Delivery**

***\$1.00 carry out**

****\$2.00 delivery area limited**

913-744-5138



Cafe

Serving simple, satisfying and smart
lunch options with featured
Oils & Vinegars in our expanded Café
beginning Monday, 12/15/2014. Dine in,
carry out or delivery.

913-744-5138

412 Delaware Street, Leavenworth

M-F 11:00-2:00

